

Birth - 5 Years in Doncaster

**Giving children and families in
Doncaster the best start for life**



City of
Doncaster
Council



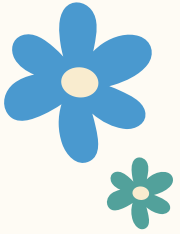
**What we
have to offer
you and
your family.**

in Doncaster



In this booklet:

- Pages 4-5** Family Hubs
- Pages 6-7** Groups & Sessions
- Pages 8-9** Sensory Room & Childcare funding
- Pages 10-11** Talking Together
- Pages 12-15** Start For Life
- Pages 16-19** Parenting groups
- Pages 20-23** Early Help
- Pages 24-25** Parenting Courses
- Pages 26-27** SEND Support
- Pages 29-29** Doncaster Local Offer
- Pages 30-33** Useful Information & contacts



Your Local Family Hubs



Here at the Family Hubs, we are **one big family**.

We proudly provide support and advice both in-person and virtually for families of children from conception, to adolescence and beyond.

Your local Family Hub staff have a wealth of knowledge about the support and services that are available for you and your family. They will be able to signpost you onto the right service to ensure you receive the support that you need.



To find your local Family Hub, and to see their current timetable, scan the QR code below



Groups and events



From age specific groups such as Toddler time, to universal groups such as Stay and Play, as well as themed half term events. The Family hubs **friendly and approachable staff can tailor their sessions to suit your child's needs**. They offer multi-level, varied and accessible activities, and can provide sensory bags and quiet spaces to support children in session.

Your little ones have the opportunity to **socialise with other children**, and you have the chance to **meet fellow parents** and caregivers from your local area. All sessions are completely **free, with no need to pre-book!**



For all the latest updates and events search for your local Family Hub on Facebook and hit follow!



Support for your Child's Development

Beyond the sessions and events Family Hub staff can offer support with a whole range of topics including:

All of our playrooms and resources are set up to support children's learning and development. You can speak to our Early Years Development Workers if you have any questions about your child's development and can access the following support.

- Hub to Home - Early Years Development Workers can carry out 1-3 visits in the Family Hub to support and encourage child development and encourage early communication between parents/carers and their babies.**
- LEAP - A programme to support school readiness providing you with ideas which will help to improve your child's ability to learn once they are in school.**

Family Hubs Groups & sessions



Baby Fun

Enjoy some quality time with your baby, exploring lots of sensory activities as well as making new friends.

Birth to mobile

Busy Babies

Busy Babies includes sensory and messy play, music and instruments, physical toys and games, books, stories and singing and soft play. This is a good follow on session from Baby Fun and First Friends. This session is not suitable for children who can walk confidently

Mobile to walking

Toddler Time

This session offers a welcoming and supportive environment and is a useful step towards getting your child ready for nursery. A snack is provided so children can sit and enjoy a healthy snack and drink together.

Walking onwards

Wriggle, Rhyme & Storytime

Enjoy our fun and interactive session where children can explore music, rhymes and stories with their parent/carer using props and sensory resources.

All welcome

Stay & Play

Our Stay and Play session offers a fun session for you and your child to play and learn new skills with a range of fun filled activities, that includes sensory, outdoor, messy play, music and instruments, physical toys and games, book & stories, singing and snack time.

All welcome

Forest School

Forest school provides children with the opportunity to explore and learn in the natural environment. Investigating wildlife, plants and trees of the local woodlands, through fun and interactive activities, such as bug hunting, den building, Hapa zooming and more.

From walking onwards

Nature Explorers

An interactive session exploring the outdoors. This session includes a range of different nature activities, including nature hunts, using tools, den making and leaf mark making.

From walking onwards

Tuneful Chatter

Bring your children to take part in playful arts activities with Tuneful Chatter. Here, your children will have fun with experienced artists using music, dance and drama activities. This activity is part of Tuneful Chatter, funded by Arts Council England Place Partnerships and Doncaster Council.

All welcome

Lets Play Together

Talking Together sessions are designed to enhance listening and attention skills, through fun and engaging activities and experiences. Join us as we talk, sing and play, helping children become confident communicators. Speak to an Early Years Development Worker at your local Family Hub for information

2 years+

Family Hubs in Doncaster

Sensory Rooms

These rooms can be used as a breakout space during timetabled sessions, or can be booked to use independently, completely free of charge.

- * **Stainforth** - Junction Road, DN7 5DH - 01302 734048
- * **Moorends** - Marshland Road, DN8 4SB - 01302 737470
- * **Askern** - Spa Pool Road, DN6 0HX - 01302 737099
- * **Bentley** - The Avenue, DN5 0NP - 01302 737350
- * **Central** - Welcome Way, DN1 3LE - 01302 737995
- * **Wheatley** - Old School Way, DN2 4AJ - 01302 737790
- * **Rossington** - Grantham Street, DN11 0TA - 01302 737440
- * **Mexborough** - Wath Road, S64 9ED - 01302 736869



Childcare & Funding support

Funded entitlement to childcare is a government scheme, which allows some 2-year-olds to attend education or childcare settings in Doncaster. Children can attend a setting for a maximum of 15 hours over 38 weeks. That's a total of 570 hours per year in which your child could be having fun, learning and making friends.

Working parents may be eligible to access up to 30 hours funded childcare per week during term-time.

The government have pledged to expand the 30 hours funded childcare scheme for working parents. The expansion is being rolled out in a three step phased approach and will work as follow:

- From April 2024, eligible working parents of 2-year-olds will be able to access 15 hours childcare support.
- From September 2024, eligible working parents of children aged 9 months to 2 years will be able to access 15 hours childcare support.
- From September 2025, eligible working parents of children aged 9 months to school age will be able to access 30 hours of childcare support.

Find out if you qualify and how to apply at:
www.doncaster.gov.uk/2yrfunding



Families Information Service can help you find suitable childcare settings.
Families Information Service: **0800 138 4568**

Talking Together Service



What is Talking Together?

Talking Together is a targeted pathway to support children's communication in Doncaster, complementing the specialist NHS Speech and Language Therapy Team. We aim to support parents, carers, practitioners, and anyone in contact with a child to **develop their early speech, language and communication skills that will enable them to flourish**. Children can be referred on to our intervention pathway by either a professional or parent.

Our mission:

To **empower parents** to support their child's speech, language and communication development, we provide information, resources, activities, top tips and key advice through our website and Facebook page.

How to book an appointment:

Our Speech and Language Therapy Assistant bases herself across the Family Hubs. If you are worried about your child's speech, language and/or communication, we offer advice sessions which are available to anyone with a child aged 0-5 and can be **booked through your local Family Hub without the need for a referral**.

TALKING TOGETHER TEAM



ALISON FLEETWOOD
SERVICE MANAGER



BECKY MASSEY
CLINICAL LEAD
SPEECH & LANGUAGE
THERAPIST



SAM DE-WHYTELL
SPEECH & LANGUAGE
THERAPY ASSISTANT



LAURA THOMAS
TALKING TOGETHER
PRACTITIONER



CAROL HALL
TALKING TOGETHER
PRACTITIONER



LAUREN CROSS
TALKING TOGETHER
PRACTITIONER



HOLLIE TOMLINSON
TALKING TOGETHER
PRACTITIONER

Contact us at:

SYTTDoncaster@doncaster.gov.uk

Start For Life

in Doncaster

NHS Midwifery service

NHS
Rotherham Doncaster
and South Humber
NHS Foundation Trust

If you have had a **positive pregnancy test**, you can **self-refer to Maternity Services** by registering on **mypregnancynotes.com** or by **contacting the Maternity Records team by telephone** on **01302 642815**.

Once you have completed the pregnancy registration form, it will go to your local Maternity Records Department so that you can be added to the Maternity System.

The community midwife team will arrange your **booking appointment** for which you will be sent an appointment letter, and text or email. This appointment should have taken place by the **10th week of your pregnancy** or as soon as possible if it is already after this time.

This will be an opportunity to have a detailed, confidential discussion with your Midwife about your pregnancy, including important screening tests for you and your baby and a personalised care plan. You may also be given **pregnancy vitamins** by your Midwife which you are entitled to for free.

All future appointments offer you a safe space to ask any questions or share any concerns you may have around you and your baby's wellbeing.



NHS 0-5 Health Visiting Service



The 0-5 Doncaster Health Visiting service consists of **Specialist Community Public Health nurses (Health Visitors) and Community Nursery Nurses**, they deliver the Healthy Child Programme to all families within Doncaster.

They offer **universal reviews** at 10-14 days, 6-8 weeks, 6 months, 9-12 months and 2 to 2.5 years, **incorporating advice, support and interventions** for children and their families.

During these reviews the Health Visitor/Community Nursery Nurse complete a **full health needs assessment**. They gain the child's voice through **observations and discussions** with the carers whilst using evidence-based information and tools.

These reviews support **early identification of Special educational needs and disability (SEND)** and allow the Health Visitor/Community Nursery Nurse to make effective provisions for the child and family. A package of care will be agreed with the family and ongoing support will be offered throughout the process by a named Health Visitor.

Early Days



Early Pregnancy

EARLY DAYS WORKERS

Are you pregnant? Do you have a child under 18 months of age? Have you met your Family Hub Early Days Worker?

Each Family Hub has a dedicated Early Days Worker

Early Days Workers are there to support families in those early days of parenthood, from pregnancy and right through the first 18 months of a child's life. Each family will receive 5 core contacts from their Early Days Worker, which will be made with the family from conception – 18 months and they will meet parents at their midwifery appointments.

Early Days Workers also support with the delivery of antenatal parenting, can offer information, advice and guidance on infant feeding and provide breastfeeding support to parents.

At any point during your pregnancy journey and beyond, you can contact your Early Days Worker for support or advice

**Antenatal Education
16 to 28 weeks**

48 Hours post-birth

3-4 months

18 months



Parenting Groups



ANTENATAL SOLIHULL

Understanding pregnancy, labour, birth, and your baby. Antenatal classes follow a Solihull Approach over a five-week period and are available across Doncaster.

Who is the course for?

They are available to every pregnant woman, her partner or supporter, living in Doncaster.

How to access Antenatal Solihull courses-

For more information and to book onto the course contact the health team by calling **03000218997**



TRIPLE P FOR BABY

Triple P for Baby sessions aim to prepare you as parents for a positive transition to parenthood and the first year with your baby.

As parents you will take part in a range of activities to help you learn more about...

Developing a positive relationship with your baby, promote your baby's development and help teach your baby new skills and behaviours.

Responding to your baby: Support with crying babies; promoting positive sleeping habits.

Support: Understanding emotions; coping strategies.

Partner support: Changes in relationships; communicating with partners; working together.

Who is the course for?

Parents at the transition to parenthood from 32- 36 weeks antenatally.

When is the course delivered?

Triple P for baby is delivered 4 weeks antenatally and 4 weeks postnatally.

How to access Triple P baby courses-

Please call into or phone your local Family Hub.



Parenting Groups



City of
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Council



BABY AND US

for parents of babies from Birth to 9mths
Course Length- 9 weeks, 2 hrs per week

The Baby and us group is also delivered by trained local parents who share many of the same worries and experiences as every new parent.

Learning takes place through discussions and activities. This course builds the self-esteem of new parents and promotes building confident relationships with your babies.

There is a focus on communicating with your baby and understanding their daily routines such as crying, sleeping, and feeding which can be very challenging for parents of very young babies. It is easy to forget Our babies are born with a growing personality.



EMPOWERING PARENTS, EMPOWERING COMMUNITIES (EPEC)

EPEC groups are for local parents, led by local parents. They have several interactive groups, where you can meet other parents and share ideas.

BEING A PARENT



for parents or carers of children aged 2-11 years
Course Length- 9 weeks, 2 hrs per week

The course provides ideas on setting routines and family rules at home. It shares strategies to support changes with your child's behaviours which helps to build happier relationships and reduce those everyday family stresses.

You will learn how to encourage good behaviours and how to share more fun times together.

It promotes self-care showing that there is no such thing as a 'perfect parent' and that your Good Enough is truly Good Enough.

Parent Quote from BAP

- its amazing how much you learn from the stories told by other parents and the people delivering it as parents- really made me go home and reflect. It was a lovely session! Looking forward to the next one!
Anonymous

Your Place & Early Help



What is Your Place?

The Your Place team provide support and information that is unique to families and residents when **everyday issues** become difficult.

The team are on hand to chat with you about what's concerning you or anything you need support with.

Here are a few things you can chat to the team about:

- Benefits
- Family Support
- Local groups and activities
- Childcare
- Anti-social behaviour
- Housing support
- Employment
- Debt and financial concerns
- Education support for both children and adults.

Scan the QR code below to find your local team:



[www.yourlifedoncaster.co.uk/
your-place-your-family-team](http://www.yourlifedoncaster.co.uk/your-place-your-family-team)



What is Early Help?

Early Help is a way of thinking and working together as services with families that have **additional or more complex needs**.

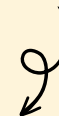
It's for children and young people of any age and their family. Help can come from all kinds of services and organisations who work together to support your family. You might be using some of these services already, but we want to make sure they are providing the right support for you and your family's needs.

It could be that you're worried about your child's health, development or behaviour, or perhaps because you are caring for a disabled child.

Maybe you, your child or your whole family are affected by relationships within the family, drugs or alcohol or you are experiencing personal distress or anxiety, financial or housing problems.

By getting help from the right services at the right time, and as early as possible, we can help prevent or reduce potential problems for children as they grow up.

Scan the QR code below to find out more:



[https://www.doncaster.gov.uk/services/schools/early-help-
what-is-it-in-doncaster](https://www.doncaster.gov.uk/services/schools/early-help-what-is-it-in-doncaster)



Family Support



There are times when children, young people and families need extra help.



Early help is a way of getting extra help and support when your family needs it, but getting it as soon as difficulties start, rather than waiting until things get worse.

Parent Engagement Worker

A Parent Engagement Worker will initially support families who are needing a little extra help on their parenting journey. Parent Engagement Workers will complete an early help assessment with a family to identify their needs and put together a family plan. They can support families with parenting support, accessing online parenting, housing and finances and emotional wellbeing support. They also have a wealth of knowledge of other services and can support families to access these. Parent Engagement Workers will carry out home visits with a family every 2-3 weeks and the family must have a child, under 5 years old, living in the household to work with the Parent Engagement Worker team.

Family Hub Pathway Worker

A Family Hub Pathway Worker will support families who may have more complex needs. The Family Hub Pathway Worker will take on the role of Lead Practitioner when supporting a family and will coordinate services to support the family once all services are in place. The Family Hub Pathway Worker will engage and support families in Family Hub services and can support families with parenting support, housing and finances, domestic abuse support and mental health support. The team can also support families to access other available services. The family must have a child, under 5 years old, living in the household to work with the Family Hub Pathway team.



Your Family Parenting Courses

Help for
Your Family



Parenting and Family Support Service (PAFSS)

There is a parenting and family support team in each area of Doncaster: North, Central, East, and South.

Parenting and family support are there for families who need a named worker alongside them to help them work out a plan for keeping children and young people safe, and healthy enough to thrive and achieve their potential in education, training and employment. We work with children and young people from birth to 19 and their families.

We offer a responsive service including one-to-one support to families, evidenced-based programmes that support parents and coordinated multi-agency interventions.

Through our links to Children's Centres and youth centres, we provide group-based activities, individual work with young people and local bases through which parents gain access to support.

The prime purpose and function of the Parenting and Family Support Team is to reduce the number of Children in Care within Doncaster. It will offer support to families through individually tailored programmes of work specific to the individual's/family's needs. It will also strive, where resources permit, to offer an immediate response to families in crisis where there is a risk of family breakdown. The team will also work alongside social care to bring children of all ages home to family members in a safe and planned way.

To get in touch call us on 01302 737777 or in the evening or at weekends call 01302 796000

**Family
Transitions**

**Solihull
Approach**

**Incredible
Years**

**123
Magic**

**Reducing
Parental
Conflict**

**Group
Triple P**

**Teen
Triple P**



SEND Support



Whether you are just starting your journey or you have a confirmed diagnosis, supporting a child with SEND can at times be confusing, difficult and overwhelming.

From help understanding **technical jargon** to **community support groups**, safe and understanding, or **early years sessions**, there are a number of services available across Doncaster, who are available to support your **whole family**.

We're here for you!



City of
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NHS

Talking Together

Speech and Language Support.

Links in the Community

SENDIAS

Free, impartial information, advice and support.

Health Services

Health Visitors
Community Nursery Nurse
Early Skills Group

Short Breaks

Offering fun activities for those with SEND, and respite for families and carers.

Family Hubs

Early Years sessions
Sensory Rooms
Parenting Courses
Sensory Bags
Relaxed Sessions

Parents Voice

Local community run group offering advice, support and activities.

The Local Offer & SENDIAS



City of
Doncaster
Council



NHS



What is the Local Offer?

The Local Offer is Doncaster's **factual and informative online source**, providing information about special educational needs and disabilities (SEND) for children and young people aged 0-25 years.



The website will tell you what help and support is available from **City of Doncaster Council**, the local **NHS Foundation Trust (RDaSH)** and other partners such as **Education and Social Care**. The Local Offer can be used by Parents and Carers, Children and Young People, as well as by Professionals and agencies working with families.

You can find information and support for every stage of your journey from Early Years, Education and Learning, Health and Social care, to activities and leisure, money matters, transport, and preparing for adulthood.



What is Doncaster SENDIAS?

SENDIAS provide **free, impartial information, advice and support (IAS)** on the information that can be found on the Local Offer, or from other sources that support SEND.

Sometimes having access to information is not enough - you may want to discuss what you have read or been told about. You may feel you need extra support because the range of issues that you are dealing with are complex, or you are finding it hard to communicate with professionals.

SENDIAS provide advice about **SEND law**, and can help you get the information you need to make informed choices. They offer support in a range of areas such as writing letters, filling out forms and reports, supporting in meetings until you are confident to proceed without help, or for advice on things such as school exclusions.



Join us at your
local Family Hub!



We're one big family in Doncaster!

Become a member today – it's free
and easy to do online by visiting:

www.doncaster.gov.uk/familyhubs

..or find your nearest Family Hub and pop in to
complete a membership form. Find us at



North

Bentley Family Hub

The Avenue, Bentley,
DN5 0NP – 01302 737350

Askern Family Hub

Spa Pool Road, Askern, DN6 0HZ
01302 737099

Adwick Family Hub

Central Avenue,
Woodlands, DN6 7RU
01302 737717

Central

Wheatley Family Hub

Old School Way, Beckett Road
Wheatley, DN2 4AJ, 01302 737790

Balby Family Hub

Sandycroft Crescent, Balby,
DN4 0TY – 01302 736880

Central Family Hub

Welcome Way, Doncaster,
DN1 3LE
01302 737995

East

Stainforth Family Hub

Junction Road, Stainforth,
DN7 5DH – 01302 734048

Moorends Family Hub

Marshland Road, Moorends,
DN8 4SB – 01302 737470

Armthorpe Family Hub

Mere Lane, Armthorpe,
DN3 2DG
01302 736760

South

Rossington Family Hub

Grantham Street, Rossington,
DN11 0TA – 01302 737440

Mexborough Family Hub

Wath Road, Mexborough,
S64 9ED – 01302 736869

Denaby Family Hub

School Walk, Conisbrough,
DN12 4HZ
01302 737436

Useful Contacts



Family Hubs

Contact Numbers:

North

Bentley: 01302 737350

Askern: 01302 737099

Adwick: 01302 737717

East

Stainforth: 01302 734048

Moorends: 01302 737470

Armthorpe: 01302 736760

Central

Wheatley: 01302 737790

Balby: 01302 736880

Central: 01302 737995

South

Rossington: 01302 737440

Mexborough: 01302 736869

Denaby: 01302 737436

www.doncaster.gov.uk/services/schools/family-hubs-and-services

Family Support

Early Help Hub (& Short Breaks)

Contact number: 01302 734110

www.doncaster.gov.uk/earlyhelp

Your Place Team

Contact numbers:

North team: 01302 736787

South team: 01302 736644

East team: 01302 736336

Central team: 01302 736409

www.yourlifedoncaster.co.uk/family

Young Carers' Service

Contact number: 01302 736099

www.doncaster.gov.uk/youngcarers

Domestic Abuse Hub

Contact number: 01302 737080

www.doncaster.gov.uk/domesticabuse

Health & Wellbeing

Health Visiting Team

Contact number: 0300 021 8997

www.healthvisitors.rdash.nhs.uk

Facebook: 'doncasterhealthvisitors'

Perinatal Mental Health Service

Contact number: 03000 211839

www.rdash.nhs.uk/services/perinatal-mental-health

LIGHT Peer Mental Health Support

Contact number: 0114 438 8962

www.lightpeersupport.org.uk

Doncaster MIND

Contact number: 01302 812190

www.doncastermind.org.uk

Childcare Support

Doncaster Families

Information Service:

Contact number: 0800 138 4568

www.doncaster.gov.uk/FIS

Employability Support

Doncaster Job Centre Plus

Contact number: 0845 604 3719

Adult Family & Community Learning Service (AFCL)

Contact number: 01302 862688

www.doncaster.gov.uk/afcl

Housing & Finance Support

Citizens' Advice

Contact number: 0808 278 7955

www.citizensadvice.org.uk

St Leger Homes

Contact number: 01302 862862

www.stlegerhomes.co.uk

Other Useful Websites

Your Life Doncaster

www.yourlifedoncaster.co.uk

Donny Dot

www.donnydot.co.uk