

Order FREE Resources!

Beat Eating disorders Scan the QR Code to take you directly to BEAT's page to order FREE resources.

Campaigning.BeatEatingDisorders.org.uk





- Info Pack
 5 'About Beat' leaflets, 5 service information cards
- TIPS Poster Pack
 2 x A4 poster, 1 x A4 Helpline poster
- Guide for Friends & Family
 Limited to 1 per order
- GP Guide
 Limited to 1 per order
- Binge Eating Leaflet
 Limited to 1 per order
- I'm Worried about Someone (for Under 18s)
 Limited to 1 per order



This is part of our **Doncaster Youth Council Eating Disorders Awareness Campaign.** If you would like more information about our resources including posters and film get in touch. **YouthCouncil@Doncaster.gov.uk**



Scan the QR Code to watch our **EDit Views Film**

are looking for medical advice contact your GP or 111.

#EDit Views

Talking to somebody and asking for help is one of the bravest things you can do! If you or somebody else needs **urgent help or in immediate danger call 999**. If you





